



SEVA  
SCHOOL

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EVA NEWSLETTER

VAHEGURU JI KA KHALSA VAHEGURU JI KI FATEH

### Hukamnama Sahib - Order of the Day

A message for us all to reflect on, given this morning from Sri Guru Granth Sahib Ji (Sikh Holy Scriptures) from Sri Harmandir Sahib (Golden Temple) in Amritsar, Panjab, India.

ਸੂਹੀ ਮਹਲਾ ੧ ਘਰੁ ੬

Soohee, First Mehl, Sixth House:

ੴ ਸਤਿਗੁਰ ਪ੍ਰਸਾਦਿ ॥

One Universal Creator God. By The Grace Of The True Guru:

ਉਜਲੁ ਕੈਹਾ ਚਿਲਕਣਾ ਘੋਟਿਮ ਕਾਲੜੀ ਮਸੁ ॥

Bronze is bright and shiny, but when it is rubbed, its blackness appears.

ਧੋਤਿਆ ਜੂਠਿ ਨ ਉਤਰੈ ਜੇ ਸਉ ਧੋਵਾ ਤਿਸੁ ॥੧॥

Washing it, its impurity is not removed, even if it is washed a hundred times. || 1 ||

ਸਜਣ ਸੇਈ ਨਾਲਿ ਮੈ ਚਲਦਿਆ ਨਾਲਿ ਚਲੰਨਿ ॥

They alone are my friends, who travel along with me;

ਜਿਥੈ ਲੇਖਾ ਮੰਗੀਐ ਤਿਥੈ ਖੜੇ ਦਿਸੰਨਿ ॥੧॥ ਰਹਾਉ ॥

and in that place, where the accounts are called for, they appear standing with me. || 1 || Pause ||

ਕੋਠੇ ਮੰਡਪ ਮਾੜੀਆ ਪਾਸਹੁ ਚਿਤਵੀਆਹਾ ॥

There are houses, mansions and tall buildings, painted on all sides;

ਢਠੀਆ ਕੰਮਿ ਨ ਆਵਨੀ ਵਿਚਹੁ ਸਖਣੀਆਹਾ ॥੨॥

but they are empty within, and they crumble like useless ruins. || 2 ||

ਬਗਾ ਬਗੇ ਕਪੜੇ ਤੀਰਥ ਮੰਝਿ ਵਸੰਨਿ ॥

The herons in their white feathers dwell in the sacred shrines of pilgrimage.



ਘੁਟਿ ਘੁਟਿ ਜੀਆ ਖਾਵਣੇ ਬਗੇ ਨਾ ਕਹੀਅਨ੍ ॥੩॥

They tear apart and eat the living beings, and so they are not called white. ||3||

ਸਿੰਮਲ ਰੁਖੁ ਸਰੀਰੁ ਮੈ ਮੈਜਨ ਦੇਖਿ ਭੁਲੰਨਿ ॥

My body is like the simmal tree; seeing me, other people are fooled.

ਸੇ ਫਲ ਕੰਮਿ ਨ ਆਵਨੀ ਤੇ ਗੁਣ ਮੈ ਤਨਿ ਹੰਨਿ ॥੪॥

Its fruits are useless - just like the qualities of my body. ||4||

ਅੰਧੁਲੈ ਭਾਰੁ ਉਠਾਇਆ ਡੂਗਰ ਵਾਟ ਬਹੁਤੁ ॥

The blind man is carrying such a heavy load, and his journey through the mountains is so long.

ਅਖੀ ਲੋੜੀ ਨਾ ਲਹਾ ਹਉ ਚੜਿ ਲੰਘਾ ਕਿਤੁ ॥੫॥

My eyes can see, but I cannot find the Way. How can I climb up and cross over the mountain? ||5||

ਚਾਕਰੀਆ ਚੰਗਿਆਈਆ ਅਵਰ ਸਿਆਣਪ ਕਿਤੁ ॥

What good does it do to serve, and be good, and be clever?

ਨਾਨਕ ਨਾਮੁ ਸਮਾਲਿ ਤੂੰ ਬਧਾ ਛੁਟਹਿ ਜਿਤੁ ॥੬॥੧॥੩॥

O Nanak, contemplate the Naam, the Name of the Lord, and you shall be released from bondage. ||6||1||3||

## Parent Notices

### Wednesday 4th October & Thursday 5th October

Primary Parents' Evenings Wednesday 3:30pm—6:30pm & Thursday 4:30pm—6:30pm.

Appointments will be 10 minutes, face-to-face with class teachers.

A text message with a link to the booking system will be sent at least a week in advance of the dates.

### Tuesday 10th October

Bowmer & Kirkland Careers Assembly for years 9 & 10 at Link House.

### Tuesday 10th October

Reception Class trip to Coombe Abbey.

### Thursday 12th October

Seva School open day from 9am - 11am and 5pm - 7pm. Booking details will be issued a week before the event. Opening of the 3G pitch at Eden House at 6pm.

### Wednesday 18th October

Year 11 Parent's Evening - 3:45pm - 7:00pm.

Appointments will be 5 minutes, face-to-face with subject teachers.

A text message with a link to the booking system will be sent at least a week in advance of the dates.



## Girls Football

Lionesses Girls Football started off tremendously well.

25 girls aged 11 to 15 turned up on Monday to show off their football skills. After the recent success of the England Women's Football Team at both the Euros and World Cup, it is such an honour to see our students take the next step by partaking in this FREE after school club.

Thank you Miss Aktar.





## PE

Over the last two weeks, students aged between 11-15 have experienced playing Kabaddi in PE. Kabaddi is known to be played in the Panjab and is popular in Sikh culture. The core idea of the game is to score points by raiding into the opponent's court and touching as many defence players as possible without getting caught.

Throughout the year, Kabaddi will become a core part of PE, Interhouse Games and eventually, Sports Days.

Thank you Mr Malhi





## Year 2 Vets & Pets

Year 2 are learning about Vets and Pets this half term. Lion Sheru, our class pet, is being looked after by the pupils of Year 2. So far Sheru has visited Gurfateh, Jaskaran and Zorawar's homes. They have taken exceptional care of Sheru at home and have learned about how to look after a pet. I wonder whose house Sheru will be visiting next?

Zorawar's mum said, "Zorawar was very happy to take the lion home yesterday and was thrilled to show him around the house and play with him. He treated the Lion as though he was a living animal, it was very lovely to see him take such good care of him. Zorawar wanted me to send you some pictures of the time the spent together."





## Seva Stars

### Service



Mrs Thethy nominated Gavin in year 3 for being an excellent role model to the class. Well Done.

### Excellence



Mrs Armstrong nominated Oankaar in year 4 for his fabulous descriptive writing in English. Well Done.

### Virtues



Mr G Singh nominated Ekaras in year 6. He is new to the school and has made an excellent start to his journey at Seva. He is a great role model to other students. Well Done.

### Aspiration



Mrs Bangar nominated Anshita in year 8 for active participation during form time. Well Done.



## Attend Today, Achieve Tomorrow



### Celebrating Best Attendance in Primary for w/c: 05.09.23 - 08.09.23

Registration Form	Present
4S	100%
5A	100%



### Celebrating Best Attendance in Secondary for w/c: 05.09.23 - 08.09.23

Registration Form	Present
10E	98.9%



## Absence from School

Dear Parents

If your child is absent from school due to an illness, a medial appointment or Covid-19 you must inform the school office daily by 8.30 stating clearly the pupils name, class/tutor group and a detailed reason. You can talk to the Receptionist or leave a message on the absence line from 8am.

You must ring the school every day if your child is absent unless you have a doctors letter stating the length of absence.

## Term Time Holiday Request

Holidays should not be booked during term time, if you are intending to take your child out of school for a period of time, you must fill in a Term Time Holiday Request Form which you can collect from the school office. Only exceptional circumstances will a leave of absence/holiday be authorised. The new directive from the Local Authority is that no holidays should be authorised during term time and children should be in school during this time.

Dear Parents

Welcome back to the start of a new and exciting Academic Year, I hope you have had a restful summer and I look forward to working with you this year.

From October I will be setting up some drop-in morning sessions for general chats or anything else that you may want to discuss. I will post these dates in due course but please do not hesitate to contact me by email [s.alcock@seva.coventry.sch.uk](mailto:s.alcock@seva.coventry.sch.uk) in the meantime.

Mrs Alcock  
Attendance, Family & Welfare Officer



## Posters

# SIKH UNION HOCKEY CLUB COVENTRY



# JOIN US

ALL AGES  
AND ABILITIES  
BOYS AND GIRLS  
WELCOME!



- FUN & GAMES
- LEAGUE MATCHES
- CHARITY EVENTS
- TRAINING
- TOURNAMENTS
- SOCIAL EVENTS

### JUNIORS TRAINING

EVERY TUESDAY

6:30 - 8PM

CALUDON CASTLE SPORTS CENTRE  
AXHOLME ROAD, CV2 5BD

### ADULTS TRAINING

EVERY WEDNESDAY

7:30 - 9PM

BABLAKE PLAYING FIELDS  
NORMAN PLACE ROAD, CV6 2BU

**CONTACT US** BALJIT DHANJAL: 07711137058

LAKBIR ATWAL: 07988549732



@SIKHUNIONHOCKEY



ENGLAND HOCKEY  
PLAYER PATHWAY



## Posters

### SENDIASS Coffee Morning (face to face) – Tuesday 19<sup>th</sup> September 2023

This is a face to face session for Parents/Carers of Children or Young People with Special Educational Needs or Disabilities (SEND). The session offers a **great way to meet other parents/carers who may be in a similar situation**, and an opportunity to share with others in a **friendly, non-judgemental environment**, together with a member of staff from SENDIASS.

**When:** Tuesday 19<sup>th</sup> September 2023, 10am – 12pm

**Venue:** Metropolis Restaurant, Upstairs Community Room, Earl Street, Coventry, CV1 5RU

Free tea and coffee will be provided

Please see the leaflet below (and attached) for more information. If you would like to come along please let us know, so we have an idea of numbers. Contact us via email: [iass@coventry.gov.uk](mailto:iass@coventry.gov.uk) or TEL: 024 76 69 4307.



**DOES YOUR CHILD OR YOUNG PERSON HAVE SPECIAL EDUCATIONAL NEEDS?**

Get in touch with us if you would like to join our next SENDIASS Coffee Morning. Meet other parents in a similar situation. Share with others in a friendly, non-judgemental environment, together with a member of staff from SENDIASS.

**COFFEE MORNING**  
TUESDAY 19<sup>TH</sup> SEPTEMBER 2023  
(10AM -12PM)

**Venue: Metropolis Restaurant**  
Upstairs Community Room,  
Earl Street, Coventry, CV1 5RU

To book your place contact:  
SEND Information, Advice and Support Service (SENDIASS)  
Tel: 024 7669 4307 or email: [iass@coventry.gov.uk](mailto:iass@coventry.gov.uk)



# Posters

## Family Learning Coventry Adult Education Service

### **'Positive Family Foundations' at Coffee Tots @The Wave** A free Family Learning course for parents

These free sessions are for any parent / carer who has a child in a Coventry Nursery / Primary School.

Where: Coffee Tots @ The Wave, Coventry, CV1 2GY, England, United Kingdom  
<https://www.coffeetots.co.uk/>

When: 12.30 -2.30pm every Monday from September 25<sup>th</sup> for 11 weeks

To join: Just come to the venue at the time of the course, or you can enrol by searching for 'Family Learning' on <https://www.coventry.gov.uk/adulted>

To find out more contact: [steve.withers@coventry.gov.uk](mailto:steve.withers@coventry.gov.uk) or [kate.steventon@coventry.gov.uk](mailto:kate.steventon@coventry.gov.uk)

#### We will:

- Learn about and reflect on, our own and other family units
- Look at practical examples focused on raising well-behaved, happy, safe and secure children
- Investigate general theory on parenting styles and family groups
- Consider how we as parents/ carers use rewards, consequences, rules and expectations
- Give out plenty of free resources and suggestions of activities to do with your children

The sessions are focused on practical information, activities, and resources for you to use at home with your family – encouraging a Positive Family Foundation!

If you can't make this course look out for our online courses on [coventry.gov.uk/adulted](https://www.coventry.gov.uk/adulted)

Family Learning - programmes that promote strong positive relationships within families; enabling parents and carers to support their children's learning and development.

## Posters

### Family Learning Coventry Adult Education Service

#### **'Positive Family Foundations' at Stoke Heath School** A free Family Learning course for parents

These free sessions are for any parent / carer who has a child in a Coventry Nursery / Primary School.

Where: Stoke Heath Primary School, 4 Heath Cres, Coventry CV2 4PR

<https://www.stokeheath.coventry.sch.uk/>

When: 1-3pm every Monday from September 25<sup>th</sup> for 11 weeks (if you need to leave early for school pick up that's fine)

To join: Just come to the venue at the time of the course, or you can enrol by searching for 'Family Learning' on <https://www.coventry.gov.uk/adulted>

(You don't need to have children at Stoke Heath to attend)

To find out more contact: [steve.withers@coventry.gov.uk](mailto:steve.withers@coventry.gov.uk) or [kate.steventon@coventry.gov.uk](mailto:kate.steventon@coventry.gov.uk)

#### We will:

- Learn about and reflect on, our own and other family units
- Look at practical examples focused on raising well-behaved, happy, safe and secure children
- Investigate general theory on parenting styles and family groups
- Consider how we as parents/ carers use rewards, consequences, rules and expectations
- Give out plenty of free resources and suggestions of activities to do with your children

The sessions are focused on practical information, activities, and resources for you to use at home with your family – encouraging a Positive Family Foundation!

If you can't make this course look out for our online courses on [coventry.gov.uk/adulted](https://www.coventry.gov.uk/adulted)

Family Learning – programmes that promote strong positive relationships within families; enabling parents and carers to support their children's learning and development.



## Posters

### Family Learning Coventry Adult Education Service

#### **Free, downloadable, pre-recorded online courses for parents/carers with children in Coventry Primary Schools or Nursery Settings.**

Family Learning is part of Coventry City Council, and we provide workshops and courses for Coventry parents/carers. These are our three online pre-recorded courses for the autumn term:

'English in the Primary School' - recorded online **SESSIONS** course code FL22564.

'Maths in the Primary School' - recorded online **SESSIONS** course code FL22563.

These two courses tell you more about what our children learn at school and how you can help at home.

'Positive Family Foundations' - recorded online **SESSIONS** course code FL22562.

This course tells you about how children develop, and looks at practical examples around raising well-behaved, happy, safe, and secure children.

**Where:** A pre-recorded online course to watch wherever and whenever suits you (each video is approx. 30 min long)

**When:** we will email you the resources each week - beginning 25/9/23, for 10 weeks

**How:** Enrol by clicking 'Enrol online' and then 'Family Learning' on [www.coventry.gov.uk/adulted](http://www.coventry.gov.uk/adulted)

To find out more:

kate.steventon@coventry.gov.uk or 024 76978730

steve.withers@coventry.gov.uk or 024 7697 1301

Family Learning – programmes that promote strong positive relationships within families; enabling parents and carers to support their children's learning and development.

# Posters



**Family Learning**  
Coventry Adult Education Service

## Autumn Fun

Family Learning stay and play sessions.

These free stay-and-play sessions are for parents/carers and their children aged between 0 and 5 to help parents to support their child's development throughout the early years.

The sessions run in venues across the city each week – just choose the best venue for you.

- Share activities and resources with you and your child to enjoy during and after the sessions.
- Share ideas which will help you to support your child's development.
- Address any questions or concerns you may have around child development and family support.

- Woodside Family Hub (Upper Ride CV3 3GL) Tuesday, 9.30-11.30am from 26/09/23
- Moat Family Hub (Deedmore Road, CV2 1EQ) Tuesday, 9.30-11.30am from 26/09/23
- Aspire Family Hub (Humber Avenue, CV1 2SF) Tuesday 1.00-3.00pm from 26/09/23.
- Harmony Family Hub (Clifton Street, CV1 5GR) Wednesday, 1.00-3.00pm from 27/09/23
- Canley Community Centre (Prior Deram Walk, CV4 8FT) Thursday, 9.00-11.00am from 28/09/23
- Pathways Family Hub (Lawrence Saunders Road, CV6 1HD) Thursday, 1.00- 3.00pm, from 28/09/23
- Harmony Family Hub (Clifton Street, CV1 5GR) Friday, 9.30-11.30am from 29/09/23
- Families for All Hub (454 Foleshill Road, CV6 5LB) Friday, 1.00-3.00pm from 29/09/23

### How:

Just come to the venue at the time of the course, or you can enrol online

**Website:** <https://www.coventry.gov.uk/adulted>

**Phone:** Steve Withers – 024 7697 1301

Family Learning – programmes that promote strong positive relationships within families; enabling parents and carers to support their children's learning and development.