



Tuesday 28th January 2025

Re: Relationship and Sex Education: Year 9-Year 11

Dear Parent/Carer,

Promoting the health and well-being of our pupils is an important part of their overall education.

We do this through our Personal, Social and Health Education (PSHE) curriculum and also during form time (Character Curriculum).

Year 7/8/9 have 1 lesson of PSHE per fortnight. Year 10/11 are taught key concepts in Character Curriculum (e.g. assemblies) and also in 'drop down days' – where several lessons are blocked off on a particular day.

This looks at many topics including relationships, both physical and mental health and living in the wider world. The aim of the PSHE/Character Curriculum is to help our pupils make safe and informed decisions during their school years and beyond, by knowing key information of various key topics.

Relationship and Sex Education (RSE) is an important part of the PSHE/Character Curriculum course.

We will be teaching lessons about RSE in the Spring and Summer terms 2025.

Topics studied will be as follows:

Year 7: Healthy friendships, different types of relationships, puberty: physical & emotional changes.

Year 8: Healthy and unhealthy relationships, relationships and the law, puberty: going through the changes, self-confidence and self-esteem

Year 9: Peer pressure: friendships and relationships, consent, contraception, abusive relationships, sexting (using technology in an appropriate manner).

Years 10/11: Sexually transmitted infections (STI's), impact of lifestyle and life choices, peer pressure, sexual consent & law, contraception.

During the course, pupils will be able to ask questions, which will be answered factually and, in an age, appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.



Some parts of RSE are compulsory - these are part of the National Curriculum for Science.

It's imperative children are aware of key concepts of healthy relationships, discuss social pressures, check facts and dispel myths. It's vital children know about the importance and legalities of sexual consent, contraception of sexually transmitted infections – to ensure they are aware of the risks involved in maintaining an effective relationship.

Parents can withdraw their children from other parts of RSE if they wish to do so. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all pupils will have the opportunity to take part in our carefully planned lessons, that will be further supported by external professions, such as those from the NHS and LA.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. I urge you to embrace these conversations and answer their queries and concerns.

If you have any queries about the content of the programme or to withdraw your child, please contact me at school at b.sturmey@seva.coventry.sch.uk

Yours sincerely,

B Sturmey

Mr B. Sturmey.

Vice-Principal (Welfare & Wellbeing)