



## New Starter Information - PE



### PE Kit and Expectations

The following PE kit is expected to be worn for all PE lessons:



- Students will be required to remove **ALL** jewellery when participating in PE. These should remain in school and are the student's responsibility.
- All Karas must be covered with a school PE Jumper or additional sweatband.
- All long hair must be tied back securely.



### Additional PE Kit

- Shin pads and navy blue football socks (Compulsory for Football)
- Gum shields, shin pads and navy blue football socks (Compulsory for Hockey)
- Black long sleeved thermal tops may be worn under the PE T-shirt
- Hats and gloves with suitable grip may be worn during Autumn 2 and Spring 1 terms

### Medical Information

Students that are injured or unwell are expected to provide a written note from parents. Students should continue to wear their correct PE kit as they will be involved in the learning of the PE Lesson and expected to undertake a coaching role.

### Medications

- Any students that require medications or inhalers are required to hand these items to the school office with the relevant Healthcare plan. These will be collected and made available to PE staff through our First Aid provision.