

Cyberbullying and Social Media



What is cyberbullying?

Cyberbullying is bullying that takes place using electronic technology. Electronic technology includes mobile phones, computers, tablets as well as communication tools like social media sites, text messages, chat and websites.



How to Deal with

Cyberbullying

SAVE

any evidence of the bullying
and show an adult.

BLOCK

messages or the person.
Do not respond to them in any way.

LOG OFF

the site where the cyberbullying
is happening.

TALK

to someone you trust about it.



Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?

Under 13



Roblox



PopJam



FaceTime

13+



Twitter



Facebook and Messenger



Viber



WeChat



Monkey



Yubo



Dubsmash



Instagram



TikTok



Skype



Google Hangouts



Reddit



Snapchat



Pinterest

16+



WhatsApp



Telegram Messenger



Tumblr

17+



Line



Sarahah



Tellonym

18+ or 13 with parent's permission



YouTube



WeChat



Kik



Flickr



Play Store



Spotify
(12 with parental permission)

eSafety Tips

1

People you don't know are strangers.

They're not always who they say they are.



2

Be nice to people like you would on the playground.



3

Keep your personal information private.



4

If you ever get that 'uh oh' feeling, tell a grown-up you trust.



STAY
STRONG
AND
STOP
BULLYING

Report incidents immediately

by:

▶ Telling an adult at home or at school. It could be someone on your safety network.

▶ Calling Childline on 08001111.



▶ Using the report button on the site you are on or go to thinkuknow.co.uk and click on this button...



ALL DIGITAL CITIZENS

PROTECT • PRIVATE INFORMATION

for themselves
and others.

RESPECT THEMSELVES AND OTHERS

in online communities.

STAY SAFE • ONLINE

by listening to
their gut feelings.

STAND UP TO • CYBERBULLYING

when they
see it happening.

BALANCE THE TIME

they spend using
media and doing
other activities.

For information and resources about digital citizenship,
visit www.commonsense.org/educators.

common sense
media



https://uk.video.search.yahoo.com/yhs/search?fr=yhs-avg-fh_lsonsw&hsimp=yhs-fh_lsonsw&hspart=avg&p=super+digitial+citizen#id=1&vid=d426327ee006ece9562635ad8e524c6a&action=click