

LUNCH MENU



WEEK 1

OPTION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Tomato & Basil Pasta with Garlic Bread	Jacket Potatoes with Beans & Cheese	Sausage Rolls, Mash Potatoes, Peas with Gravy	Pizza & Chips Corn on the cob	Veggie Quorn Chilli with Rice
2	Paneer & Peas Mix with Chapatti Plain Yoghurt	Yellow Curry with Rice (Gramflour)	Chickpea Curry with Plain Naan	Carrot Mix with Chapatti	Yellow Lentil Curry with Rice or Chapatti
*Daily	Mixed Salad Bar	Mixed Salad Bar	Mixed Salad Bar	Mixed Salad Bar	Mixed Salad Bar
DESSERT	Frozen Yoghurt	Strawberry Mouse	Jelly & Custard	Chocolate Brownie	Cheesecake

WEEK 2

OPTION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Spaghetti Bolognese with Broccoli	Cheese and Onion Pasty, Diced Potatoes with Carrots and Gravy	Veggie Burger with Potato wedges and Corn on the Cob	Macaroni Cheese with Vegetables	Vegan Nuggets, Salad Wrap with Fries
2	Shahi Paneer with Naan	Kidney Bean Curry with Rice	Potato and Spinach Mix with Chapatti	Brown Curry with Chapatti	Peas and Paneer Curry with Rice
*Daily	Mixed Salad Bar	Mixed Salad Bar	Mixed Salad Bar	Mixed Salad Bar	Mixed Salad Bar
DESSERT	Strawberry/Peach Yoghurt with Fresh Fruit	Cake & Custard	Banana Mousse	Rice Krispie Cake	Ice Cream with Fresh Fruit

*Daily mixed salad bar includes the following: lettuce, cucumber, tomatoes, sweet corn, sliced beetroot, sweet peppers, carrots and spinach

* Gluten free options available daily

Menu updated: January 2020

Food Standards Agency (FSA)
Hygiene Rating '5'
Awarded to Seva School Catering Team on
15th November 2019

