

SEVA SCHOOL YEAR 7 PSHE CURRICULUM MAP

Introducing PSHE Education	Weeks	Topic	Resources	Learning Objectives
	TBC	What is PSHE?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2 & Activity 3	<ul style="list-style-type: none"> • What PSHE education is all about
		How will we work together?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2 & Activity 3 Note for teachers: A printed set of ground rules should be used to allow the 'safe' and 'sensitive' discussion about issues such as extremism radicalisation (PREVENT Strategy), FGM, SRE and other potentially sensitive or controversial issues.	<ul style="list-style-type: none"> • About the values of PSHE education • How to create Group agreement for everyone to work together in a safe and positive way • To understand the need to establish a set of PSHE ground rules about how students behave towards each other in PSHE discussions • Safe learning environments (Teachers refer to PSHE Association literature on 'Creating a safe learning environment'.
		How is Year 7 different?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> • About the changes you are experiencing as a secondary school pupil • Ways to support yourself and other pupils who are new to the school
		Personal, cultural, national and global Values. (This theme will be revisited in Year 9 with a lesson on.... 'What do I value and why?', p14)	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Use this lesson to establish the importance of values in society + provide a 'lighter touch in Y7' on issues such as identifying & eradicating undesirable, dangerous or illegal radical views (& a basic awareness of examples including i.e. Far-right, far-left, ISIS, animal rights extremists, etc).	<ul style="list-style-type: none"> • What are values? • The importance of values in society. • Shared values including national values (which will then lead into lessons on British Values & Britishness.

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Relationships And Sex Education Facts		Britishness/ British values	<p>TES Online Resources available on 'British values: Identity & diversity' and..... 'British Values: Diverse Britain'.</p> <p>Students engage in activities such as role play, discussions, posters, leaflets, display work, debates or presentations to develop better knowledge and understanding of British Values.</p>	<ul style="list-style-type: none"> To identify what it means to be British and what it means to live peacefully in a modern multicultural society based on mutual respect, tolerance and acceptance of diversity. Identify and discuss British values, tolerance, multiculturalism, diversity, inclusion. Display work on Britishness.
		Tackling and preventing Extremism	<p>The purpose of this lesson in Y7 is to provide a 'lighter touch/introduction' of these issues which will be tackled again in Year 9 in greater depth (see Y9 PSHE curriculum map).</p> <p>Define extremism ('vocal or active opposition to fundamental British values, including democracy, the rule of law, individual liberty and mutual respect and tolerance of different faiths and beliefs')..... and the terms used in the UK governments definition.</p>	<ul style="list-style-type: none"> To understand what is meant by extremism. Understand key terms associated with extremism and its official definition. Explore different ways in which extremism can be identified and eradicated (to include discussion about tackling far-right groups, far-left groups, animal rights extremism, eco-terrorism and religious extremism.

Relationships And Sex Education Facts	Weeks	Topic	Resources	Learning Objectives
	TBC	What Happens At Puberty?	<p>PSHE Education For KS3 Hodder Education Activity 1 & Activity 2</p> <p>Teachers should make themselves aware of the SRE guidelines (Sex and Relationship Education) prior to the teaching of this unit.</p>	<ul style="list-style-type: none"> That everyone experiences physical changes as they grow up About ways to manage these changes
		How Are Babies Made?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2 & Activity 3</p>	<ul style="list-style-type: none"> How your body develops sexual feelings How these feelings lead to sexual reproduction How fertilisation leads to pregnancy and birth

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Relationships And Sex Education Feelings	Weeks	Topic	Resources	Learning Objectives
	TBC	Why Am I Feelings Like This?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2 & Activity 3 Teachers should make themselves aware of the SRE guidelines (Sex and Relationship Education) prior to the teaching of this unit.	<ul style="list-style-type: none"> How feelings change as we grow and mature About ways to build confidence to be able to cope with these changes
		Boys And Girls – Is There A Difference?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4 Note for Teachers: Use this opportunity to cautiously touch on the subject of FGM (female genital mutilation) in the context of equal respect for boys and girls.	<ul style="list-style-type: none"> Think about whether boys and girls receive equal respect Consider a range of situations related to gender and stereotypes Some parts of the world regrettably practice FGM which is in this country is considered to be grossly illegal, an act of sexual abuse /child abuse. This is an example of the disrespect and inequality that still exists in some cultures. Make sure students know how to report/disclose information using correct safeguarding procedures if they become aware of FMG or any related issues.

Drugs	Weeks	Topic	Resources	Learning Objectives
	TBC	What Do We Mean By Drugs?	PSHE Education For KS3 Hodder Education Activity 1 & Activity 2	<ul style="list-style-type: none"> A definition of the word "drug" Some of the risks involved with taking legal drugs

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Drugs – Fact or Fiction?	<p>PSHE Education For KS3 Hodder Education Activity 1 & Activity 2 & Activity 3</p> <ul style="list-style-type: none"> What influences your perception of drug use and how this can differ from reality Some key facts about young people’s drug use in the UK
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Emotional Wellbeing	Weeks	Topic	Resources	Learning Objectives
Emotional Wellbeing	TBC	What Am I Good At?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p>	<ul style="list-style-type: none"> To think about your own personal qualities To reflect on your personal strengths To appreciate how other people see you
		What Does ‘Assertiveness’ Mean?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p> <p>‘Prevent’ opportunity: Strategies for equipping students to be assertive and to reject ideas/involvement if they feel they are being coerced by extremist groups. Just a light touch required in Y7.</p>	<ul style="list-style-type: none"> About the meaning of being assertive The difference between being assertive and being aggressive To practise assertiveness tasks Saying ‘no’ and rejecting ideas from others who make you feel uncomfortable or hold extremist views

Healthy Lifestyle	Weeks	Topic	Resources	Learning Objectives
Healthy Lifestyle	TBC	What Do We Need To Do Keep Healthy?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4 & Activity 5</p>	<ul style="list-style-type: none"> What being healthy can mean The importance of healthy routines in life

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		What Is My Personal Health Profile?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p>	<ul style="list-style-type: none"> • That an appropriate balance between work, leisure and exercise can promote health • To assess your own health profile
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Risk and Safety	Weeks	Topic	Resources	Learning Objectives
	TBC	What Do We Mean By "Risk"?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p>	<ul style="list-style-type: none"> • What risk can mean • Positive and negative risks • Different attitudes to risk
		How Do We Manage Risky Situations?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p>	<ul style="list-style-type: none"> • Learn about how to respond in risky situations • Recognise some ways to keep yourself safe
		How Do I Practise Refusal Skills?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p>	<ul style="list-style-type: none"> • Consider how good communication can help us to reduce risks • Learn about refusal skills • Practise refusal skills

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		How Can We Tackle Bullying?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> • How to prevent bullying from happening • The importance of speaking out against bullying

	Weeks	Topic	Resources	Learning Objectives
Identity	TBC	Who Am I?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> • That your identity is affected by a range of factors, including positive sense of self • That self-esteem can change depending on personal circumstances
		What Does "Family" Mean?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> • About different types of families • That our family relationships affect our wellbeing

	Weeks	Topic	Resources	Learning Objectives
Communities	TBC	Who Is In Our Communities?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> • Learn about different groups in our communities • Appreciate some of the differences between people

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				<ul style="list-style-type: none"> Think about showing respect for other people's feelings
		How Do I Feel About "Difference"?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> Reflect on difference and what it means to individual people Consider how prejudice might be challenged

Planning For The Future	Weeks	Topic	Resources	Learning Objectives
	TBC	How Do I Work Best With Others?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4 & Activity 5	<ul style="list-style-type: none"> That people have multiple roles and responsibilities in society To think about how different roles can help make a group successful Why positive relationships are helpful when working in groups
		How Can We Improve Our Communication Skills?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> About good listening skills To practise speaking and listening to others To identify ways that good listening can help you and other people
		What Do I Want And How Do I Get it?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> To think about the positive things you want in the future To create steps to help you achieve your goals How to turn steps into targets

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Money And Me		How Do I Plan For My Future?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> About the meaning of the word career What careers might suit you in the future How you might begin to plan a career
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Money And Me	Weeks	Topic	Resources	Learning Objectives
	TBC	How Do I Save And How Do I Budget?	PSHE Education For KS3 Hodder Education Activity 1 & Activity 2	<ul style="list-style-type: none"> That managing your money can help you save How to set up a budget and cope with the unexpected

SEVA SCHOOL Y8 PSHE CURRICULUM MAP

Introducing PSHE Education in Y8	Weeks	Topic	Resources	Learning Objectives
	TBC	Reminding Students about standards and attitudes to learning in PSHE (also see Y7 lesson on.... How will we work together?)	Note for teachers: A printed set of ground rules should be used at the beginning of each year to ensure the 'safe' and 'sensitive' discussion and learning about issues such as extremism radicalisation (from the PREVENT Strategy), FGM, SRE and any other potentially sensitive or controversial issues.	<ul style="list-style-type: none"> About the values of PSHE education How to create Group agreement for everyone to work together in a safe and positive way To reiterate and understand the need for establishing a set of STRICT PSHE ground rules about how students behave towards each other in PSHE discussions Safe learning environments (Teachers refer to PSHE Association literature on 'Creating a safe learning environment').
TBC	What's It Like Here?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> Review the changes you have experienced in the last year Suggest Ways of supporting pupils who are new to the school 	

Relationships And Sex Education	Weeks	Topic	Resources	Learning Objectives
	TBC	What Is Contraception?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> Examines some facts and myths about contraception Investigate a variety of types of contraception Consider what advice you could give young people wanting to learn about contraception
	What Are HIV and Aids?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> Learn about the meanings of HIV and AIDS Research some facts about HIV And AIDS Discuss how people can be affected by prejudice and how this might be challenged 	

SEVA SCHOOL Y8 PSHE CURRICULUM MAP

Relationships And Sex Education	Weeks	Topic	Resources	Learning Objectives
	TBC	Why Are Friends Important?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p> <p>Note to teachers: Refer to the PREVENT strategy training and introduce ideas / learning activities to help pupils develop knowledge and skills to reject extremism and radicalisation.</p>	<ul style="list-style-type: none"> Learn that friendships affect everything we do Understand that positive friendships are important in our lives Understand that friendships can cause strong feelings and emotions Learn how supportive friendships can promote inclusion and PREVENT isolation and radicalisation.
	What Are The Different Types of Relationships?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p>	<ul style="list-style-type: none"> About different types of relationships Some of the qualities needed to maintain good relationships That most relationships go through positive and negative phases and need to be maintained 	

Drugs	Weeks	Topic	Resources	Learning Objectives
	TBC	How Do Drugs Affect People?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4, Activity 5, Activity 6 and Activity 7</p>	<ul style="list-style-type: none"> Think about the different ways we view people who use drugs Learn how drugs affect physical, mental and emotional health Learn that there is help and support available for people who have problems with drugs

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Emotional Wellbeing	Weeks	Topic	Resources	Learning Objectives
	TBC	What Happens When We Are Feeling Down?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p> <p>Note to teachers: Look for opportunities to reinforce previous learning about how pupils identify friends who could become isolated and potentially radicalised especially when they are feeling down or vulnerable. Discuss methods of seeking advice/help in school, at home and from other agencies e.g. ChildLine, Samaritans.</p>	<ul style="list-style-type: none"> • Learn how our mental and emotional health affect our ability to lead fulfilling lives • Learn that there is help and support available when our mental and emotional health is threatened • Find out how and when to get help • The role of peers in supporting their friends who are feeling lonely, isolated or bullied including how they can get help from adults/teachers at school. • The importance of supporting friends through difficult periods in their lives.
		What Does “Resilience” Mean?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p>	<ul style="list-style-type: none"> • Recognise that the way in which you see your personal qualities, attitudes, skills and achievements affects your confidence and self-esteem • Reflect on your own personal strengths and achievements • Learn about resilience and how it can help you
		Is Anybody Perfect?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p>	<ul style="list-style-type: none"> • Look at how the way you see and feel about yourself is affected by a range of factors • Look at the differences between people and explore what empathy means

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Health y	Weeks	Topic	Resources	Learning Objectives
	TBC	How Do I Keep Healthy?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4, Activity 5, Activity 6 and Activity 7	<ul style="list-style-type: none"> • How to make decisions that affect your health • About choices you can make to keep healthy

Risk and Safety	Weeks	Topic	Resources	Learning Objectives
	TBC	What is Risking on Purpose?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> • Learn about risking on purpose • Practise assessing and managing risk • Think about balancing health and safety with personal choices
		Can Gambling Be A Good Thing?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> • Discuss your understanding of what gambling means • Consider the risks attached to gambling • Explore attitudes to gambling and gamblers
	How Do I Reduce Risks?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4 & Activity 5	<ul style="list-style-type: none"> • How to minimise harm and keep safe in various situations • About basic first aid: the recovery position • To think about your own personal safety • How to apply personal safety rules when using the internet 	

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	Weeks	Topic	Resources	Learning Objectives
Identity	TBC	How Can I Contribute To Family Life?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> • Think about the roles and responsibilities of parents, carers and children in families • Consider how relationship skills can be built • Practise the social skill of appreciation within relationships
		How Do I Respond To Other People?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> • Learn about and practise some relationship skills • Practise the skills of communication and negotiation • Identify assertiveness skills
		How Am I Doing?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	Think about what you have accomplished Learn to recognise your own skills, qualities and achievements Practise the skill of appreciation

C o	Weeks	Topic	Resources	Learning Objectives
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TBC	How Can We Value Each Other?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> Examine the communities that you belong to Explore similarities and differences between yourself and others
	What Makes A Successful Community?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> Think about the communities you belong to Identify some guidelines for successful community life Consider the qualities that improve community life
	What Can Cause Problems in Communities?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> Consider problems from more than one point of view Learn about the importance of talking and negotiating in solving problems Look at the role of mediation in problem-solving

Planning For The Future	Weeks	Topic	Resources	Learning Objectives
TBC		What Do I Need To Plan For?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2 & Activity 3	<ul style="list-style-type: none"> How we think about our abilities and how others regard our abilities About self-confidence and getting to know ourselves How to get the tools for a successful future The importance of thinking about the future today

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		What Opportunities Are There For Me?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> • Consider factors that may motivate your career choices • Think more widely about your future career • Find out where to look for information about careers • Plan for the future with confidence
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Money And Me	Weeks	Topic	Resources	Learning Objectives
	TBC	What Influences Our Spending?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> • Some of the reasons why we spend money • How we choose to support different kinds of shopping • How price and competition affect our consumer decisions • How our consumer decisions affect other people

SEVA SCHOOL Y9 PSHE CURRICULUM MAP

Introducing PSHE Education in Y9	Weeks	Topic	Resources	Learning Objectives
	TBC	Reminding Students about standards and attitudes to learning in PSHE (see Y7 lesson on How will we work together?)	Note for teachers: A printed set of ground rules should be used at the beginning of each year to ensure the 'safe' and 'sensitive' discussion and learning about issues such as extremism radicalisation (from the PREVENT Strategy), FGM, SRE and any other potentially sensitive or controversial issues.	<ul style="list-style-type: none"> About the values of PSHE education How to create Group agreement for everyone to work together in a safe and positive way To reiterate and understand the need for establishing a set of STRICT PSHE ground rules about how students behave towards each other in PSHE discussions Safe learning environments (Teachers refer to PSHE Association literature on 'Creating a safe learning environment').
		What do I value and why? A more in depth look at personal values, national and international/global values.	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4, Activity 5 & Activity 6 Revisit this topic in much greater depth and build upon the foundations covered in Y7.	<ul style="list-style-type: none"> What are values? The importance of personal values. Shared values including national values (which will then lead onto lessons on British Values/Britishness).
		Britishness/ British values A more in depth look at this topic.	<p>TES Online Resources available on 'British values: Identity & diversity' and..... 'British Values: Diverse Britain'.</p> <p>Students engage in activities such as role play, discussions, posters, leaflets, display work, debates or presentations to develop better knowledge and understanding of British Values.</p>	<ul style="list-style-type: none"> To identify what it means to be British and what it means to live peacefully in a modern multicultural society based on mutual tolerance and acceptance of diversity. Identify and discuss British values, tolerance, multiculturalism, diversity, inclusion. Display work on Britishness.
		Tackling and preventing Extremism Britishness/ British values A more in depth look at this topic.	Define extremism ('vocal or active opposition to fundamental British values, including democracy, the rule of law, individual liberty and mutual respect and tolerance of different faiths and beliefs')..... and the terms used in the UK governments definition.	<ul style="list-style-type: none"> To understand what is meant by extremism. Understand key terms associated with extremism and its official definition. Explore different ways in which extremism can be identified and eradicated (to include discussion about tackling far-right groups, far-

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				left groups, animal rights extremism, eco-terrorism and religious extremism.

Relationships And Sex Education	Weeks	Topic	Resources	Learning Objectives
	TBC	What are STI's?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4.	<ul style="list-style-type: none"> To know about and understand how some diseases (including Chlamydia, Syphilis, HIV and AIDS) can be transmitted sexually. To learn some facts about condoms (including ideas about practising safe sex plus the legal and moral implications). To discuss the importance of waiting until adulthood and the sanctity and trust of sex within a marriage or civil partnership.
	What does the law say?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2 & Activity 3	<ul style="list-style-type: none"> Legal issues concerning sexual relationships Learn about the age of consent Legal facts about sex. 	

Relationships And Sex Education	Weeks	Topic	Resources	Learning Objectives
	TBC	What do we see about sex in the media?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4 & Activity 5	<ul style="list-style-type: none"> The different ways sex is used in the media The care needed in using social media How pornography affects our lives.

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		Is commitment important in relationships?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4 & Activity 5</p> <p>Note for Teachers: Use this opportunity to cautiously discuss the subject of FGM (female genital mutilation) in the context of equal rights for males and females even within a marriage / stable relationship.</p>	<ul style="list-style-type: none"> To understand the potential benefits of marriage and stable relationships. To understand the responsibilities of marriage and other partnership ceremonies Understand the significance of commitment vows Some parts of the world regrettable practice FGM which is in this country is considered to be grossly illegal, an act of sexual abuse /child abuse. This is an example of the disrespect and inequality that still exists in some cultures. Make sure students know how to report/disclose information using correct safeguarding procedures if they become aware of FGM or any related issues.
		What if I don't want to?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4 & Activity 5</p>	<ul style="list-style-type: none"> Strategies to help pupils make informed choices and to enforce sensible decisions To practise using strategies to help pupils when advising others To understand all of the issues concerning 'early sex' including legal aspects To understand what 'abuse' is To consider strategies for dealing with potentially dangerous situations

	Weeks	Topic	Resources	Learning Objectives
Drugs	TBC	What about drugs and the law?	PSHE Education For KS3 Hodder Education Activity 1 & Activity 2	<ul style="list-style-type: none"> To know and understand some of the issues covered by the 'Misuse of Drugs Act' To identify situations where some people may be breaking the law

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		How do I manage situations involving drugs?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4, Activity 5, Activity 6 & Activity 7</p>	<ul style="list-style-type: none"> • Consider different ways of looking at 'risk' • Pupils find ways to keep themselves and others safe • To reflect on the impact of risk taking with drugs
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	Weeks	Topic	Resources	Learning Objectives
Emotional Wellbeing	TBC	How do I manage my feelings	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p>	<ul style="list-style-type: none"> • To recognise a range of strong emotions that affect how we feel • To reflect on how people can overcome negative feelings • To understand strategies for building the resilience they need
		What happens when relationships break down?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p> <p>Note for teachers: PREVENT - There is another opportunity here to discuss tensions that can arise between families and how this can sometimes lead to isolation, manipulation by outsiders and radicalisation under certain circumstances. Links to previous lesson on managing feelings and building resilience.</p>	<ul style="list-style-type: none"> • To understand that all families experience highs and lows • To consider strategies for coping when there are family arguments • To look at some of the issues affecting young people in troubled families • How to cope during periods of vulnerability and how to get positive support
		How do we cope with loss and bereavement?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p> <p>Note for teachers: PREVENT - Consider the emotional vulnerability</p>	<ul style="list-style-type: none"> • To explore ideas about 'loss' and 'bereavement' and what this means • Consider ways in which people cope with loss • Discuss different ways of dealing with death.

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Healthy Lifestyle			of people (young and old) at times of loss/bereavement and how this could be exploited by others (e.g. recruitment/radicalisation).	
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Healthy Lifestyle	Weeks	Topic	Resources	Learning Objectives
	TBC	Who can I talk to about my health?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4 & Activity 5	<ul style="list-style-type: none"> • What being healthy can mean • The importance of healthy routines in life

Risk and Safety	Weeks	Topic	Resources	Learning Objectives
	TBC	Who can help me keep safe?	PSHE Education For KS3 Hodder Education Discussion 1, Discussion 2, Discussion 3, Discussion, Discussion 5 & Discussion 6	<ul style="list-style-type: none"> • Explore a range of issues which affect personal safety • To know how to use a 'community of enquiry' model to explore these issues • To identify agencies that can help with these problems
		Where can I find help on.....?	Activity 1, Activity 2, Activity 3, Activity 4, Activity 5, Activity 6 & Activity 7 Note for teachers: Opportunities here to discuss the following (a) Strategies to reduce risk and protect youngsters against online/cyber bullying, (b) Strategies to reduce risk and protect youngsters against sexual abuse and online grooming,	<ul style="list-style-type: none"> • Consider the warning signals that tell us when we need help • Identify some of the help and support that people your age might need • Learn about different ways of responding to problem situations • Design information for people in school like yourselves to use

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			(c) Strategies to reduce risk and protect youngsters against being targeted by extremists and/or radicalisation.	
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	Weeks	Topic	Resources	Learning Objectives
Identity	TBC	What are my rights and responsibilities?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> Learn that people have rights regardless of their race, religion, culture, ability or disability, gender, age or sexual orientation Research some of the rights that apply to you as a young person Learn that every right comes with its own responsibility

	Weeks	Topic	Resources	Learning Objectives
Communities	TBC	How can I contribute to my community?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> Explore community services and who provides them Consider how volunteers contribute to their communities Think about ways in which you could contribute to your community

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		What do voluntary agencies do?	<p>PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4</p>	<ul style="list-style-type: none"> • Research information about some of the leading agencies that support young people (and why) • Present that information to others in the form of a class study
		How can we challenge prejudice and discrimination?		<ul style="list-style-type: none"> • Find out what 'prejudice' and discrimination mean • Think about the different types of prejudice • Consider how to challenge prejudice and discrimination assertively

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Planning For The Future	Weeks	Topic	Resources	Learning Objectives
	TBC	How do I improve my prospects?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3, Activity 4 & Activity 5	<ul style="list-style-type: none"> To focus on the types of jobs and careers that are available to young people (to you) To consider what motivates people to work To identify what factors will motivate you (now and in the future)
	What does the law say about work?	PSHE Education For KS3 Hodder Education Activity 1, Activity 2, Activity 3 & Activity 4	<ul style="list-style-type: none"> To think about some of the jobs teenagers can do Learn about some of the rules affecting teenagers and work Consider some of the pressures that can arise when working and studying at the same time. 	

Money And Me	Weeks	Topic	Resources	Learning Objectives
	TBC	How enterprising am I?	PSHE Education For KS3 Hodder Education Activity 1 & Activity 2	<ul style="list-style-type: none"> Learn about the concept of enterprise and how this works Work with others to practise the skills of creating a new business Identify ideas and methods to promote new business ideas Practise the skills of problem-solving and action-planning Reflect on how successfully your group was in working co-operatively