

May 2018

Seva School Lunch Menu



Menu Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Brown Daal Roti Spaghetti Bolognese Garlic Bread Corn on the Cob Salad	Red Kidney Beans Rice Veggie Burgers Chips Spaghetti Hoops Salad	Yellow Daal Roti Sausage Rolls Mashed Potato Baked Beans Mixed Vegetables Gravy Salad	Aloo Gobi Sabji (potatoes & cauliflower curry) Roti Plain Yoghurt Pizza Chips Beans Corn on the Cob Salad	Mutter Paneer Rice Tomato Soup Bread Roll Carrots Sweetcorn Salad
Pudding	Chocolate Moose Fresh Fruit	Semia Fresh Fruit	Chocolate Cornflake Cakes Fresh Fruit	Yoghurt Fresh Fruit	Apple Crumble & Custard Fresh Fruit

Menu Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Brown Daal Roti Hot Dogs Potato Wedges Baked Beans Salad	Chick Peas Curry Naan Bread Vegetable Noodles Garlic Bread Sweetcorn Salad	Soya Chunks Curry Roti Jacket Potato Beans/Veg Chilli Cheese Salad	Palaak Paneer Roti Plain Yoghurt Pizza Chips Beans Corn on the Cob Salad	Massar Daal Rice Cheese & Onion Pasty Diced Potatoes Mix Vegetables Gravy Salad
Pudding	Yoghurt Fresh Fruit	Cake & Custard Fresh Fruit	Jelly & Ice Cream Fresh Fruit	Yoghurt Fresh Fruit	Flap Jack Fresh Fruit

Menu Key:	
	Option 1
	Option 2

Fresh Fruit:	Salad Bar Daily:		Yoghurt:
<ul style="list-style-type: none"> • ½ Banana • Apples • Red/Green Grapes • Melon 	<ul style="list-style-type: none"> • Sweetcorn • Cucumber • Carrot Sticks • Iceberg 	<ul style="list-style-type: none"> • Cherry Tomatoes • Beetroot • Steamed Broccoli • Sweet Peppers 	<ul style="list-style-type: none"> • Strawberry • Peach • Plain Yoghurt

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